

INFORMED CONSENT FOR ACUPUNCTURE & ORIENTAL MEDICINE

I hereby voluntarily consent to receive acupuncture and Oriental Medicine treatment for my present health condition. I understand that treatment will be administered by Marjon Faivre, Licensed Acupuncturist (L.A.c), Kym Garrett, L.Ac., Janelle Bartow, L.Ac., or David Gaines, L.Ac. The treatments that may be administered are described below:

Acupuncture: A safe treatment involving the insertion of small sterile needles through the skin, which may produce a temporary, mild discomfort at the acupuncture site. Acupuncture occasionally causes slight bleeding and may elave a bruise. Other possible risks from acupuncture include dizziness and fainting. I will report to the L.Ac. any dizziness or light-headedness that occur during or after an acupuncture treatment. Extremely rare risks of acupuncture include nerve damage, organ puncture, and infection (these are very low incidence, especially when acupuncture is administered properly.)

Electro-Acupuncture: A mild electric micro-current (similar to a TENS treatment) is used to stimulate the acupuncture points. A gentle tingling or tapping sensation will be felt.

Heat Therapy with Infrared Lamp: This is used as an adjunct to acupuncture to warm the body and stimulate healing. Every precaution is taken to prevent over- warming, but the rare possibility of mild burns does exist.

Cupping: This involves a localized suction produced by heating a small glass cup. There is a possibility of local bruising from the suction. Very rarely a slight burn or blister may appear due to the heat.

Traditional Chinese Herbal Supplements: Chinese herbs have been used safely for centuries. Occasionally, one may experience digestive upset or other reactions to herbs. If I experience any discomforts related to the use of herbs, I understand that I should stop taking the herbs and inform the L.Ac. of my symptoms. Some herbs may be inappropriate during pregnancy and breastfeeding. I accept full responsibility to inform the L.Ac. of a suspected or confirmed pregnancy, or if I am a nursing mother.

By signing below, I acknowledge that:

- * I have read, or had read to me, the information on this consent form
- * I understand the possible risks and complications involved
- * I understand that I can request more information at any time if desired
- * I consent to receiving treatment that involves the above procedures
- * I understand that I have the right to refuse or discontinue any treatment at any time
- * I understand that this refusal may affect the expected results

Patient name (Please print)

Patient (or Guardian) Signature

Date

If a Guardian has signed, please print your name: _____

Notice Patient Privacy Health Insurance Portability and Accountability Act (HIPPA)

Mountain View Acupuncture is dedicated to preserving your personal health information. We are required by law to protect your personal medical information and to provide you with a notice describing how your medical information may be used and disclosed and how you can access this information.

Required by law: We must have written consent before we use or disclose your medical information to others for the following purposes: providing or arranging your health care, payment for reimbursement of treatment provided and related administrative activities supporting your health care.

We may be required by law to use and disclose your medical information for other puposes without your consent or authorization.

You are provided the right to inspect and receive a copy of your medical information, amend or correct that information, obtain an accounting of our disclosures of your patient file, request that we communicate with you confidentially, request that we restrict certain use and disclosures of your health information, and complain if you think your rights have been violated.

We have available a detailed NOTICE OF PRIVACY PRACTICES which fully explains your rights and our obligations under the law.

If you have any questions, concerns or comments about the NOTICE or your medical information, please contact Mountain View Acupuncture, LLC at 541-388-0675. You may also send a written complaint to the US Department of Health and Human Services.

Patient Name (printed)

Date

Patient or Guardian Signature

PATIENT CONTRACT AND CANCELLATION POLICY

At Mountain View Acupuncture our number one priority is for you, the patient, to achieve your maximum health potential. While we will do everything within our scope of practice and training to ensure that you achieve a full recovery. It is important for you to know that your participation in the healing process is just as important as our role as practitioners.

The most important first step in any treatment plan is to arrive on time to all of your scheduled appointments. We allot one hour per patient for every appointment. It has been our experience that this is more than adequate for follow-up treatments. Arriving late to your appointments decreases the amount of time available for questions and most importantly treatment time. We do everything possible to be on time for our patients when they arrive and in turn ask the same of our patients.

Cancellation Policy: I agree to call no less than 24 hours before my scheduled appointment if I must cancel my appointment. Failure to do so may result in my insurance or myself being billed the full amount of my treatment. At the very least I will be charged a \$25 cancellation fee, due before my next scheduled appointment.

Patient Obligations/ Requirements: As a patient of mountain View Acupuncture, I agree to show up for my regularly scheduled appointments. I agree to follow my acupuncturist's recommendations regarding lifestyle change, including, but not limited to dietary changes, partaking in regular exercise and stretching, following instructions for prescribed herbal formulas and other suggestions my practitioner may make in the interest of my long term health and healing.

By signing below, I acknowledge that:

* I have read, or had read to me, the information on this form and agree to be an active participant in my healthcare.

Patient Name (Please Print)

Patient or Guardian Signature

Date

If a guardian has signed, please print your name: _____

HISTORY OF PRESENT CONDITION

Chief Complaint: _____

Complaint is a result of: Injury Auto Accident Job Related Other

Date of Injury/ Accident/ Other: _____/_____/_____

Current Treatment of this Condition:

Dates: _____ Doctor/Practitioner: _____

Previous Treatment of this Condition:

Dates: _____ Doctor: _____ Treatment: _____

Dates: _____ Doctor: _____ Treatment: _____

Other: _____

Did you have an MRI or X-Rays taken? _____ If yes, when? _____/_____/_____

What type of treatment, if any, has provided the most relief? _____

What are your goals and expectations for treatment of this condition?

1. _____

2. _____

3. _____

4. _____

What other health concerns would you like to address?

1. _____

2. _____

3. _____

4. _____

FAMILY HISTORY

Do you have a family history of any of the following?

- | | | |
|---|---|--|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Depression | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Drug / Alcohol Addiction | <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Migraine Headaches |
| <input type="checkbox"/> Asthma / Hay fever | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Other: _____ |

ALLERGIES

Drug Allergies: _____

Drug Hypersensitivities: _____

Food Allergies: _____

Environmental Allergies: _____

Chemicals / Other: _____

MEDICATIONS & SUPPLIMENTS

Please list all medications that you are currently taking and your reason for taking them:

Type: _____ Dosage: _____ Dates: _____

Type: _____ Dosage: _____ Dates: _____

Type: _____ Dosage: _____ Dates: _____

Type: _____ Dosage: _____ Dates: _____

Other: _____

Have you taken antibiotics frequently throughout your life? _____ If yes, why? _____

Please list all vitamins & herbal supplements that you are currently taking and your reason for taking them:

HOSPITALIZATIONS & SURGERIES

Date: _____ Procedure: _____ MD/ Hosp: _____

Date: _____ Procedure: _____ MD/ Hosp: _____

Date: _____ Procedure: _____ MD/ Hosp: _____

Other: _____

REVIEW OF SYSTEMS

Please circle: **Y**= current condition **N**= never experienced **P**= past condition

Mental & Emotional

Anxiety **Y N P**
 Depression **Y N P**
 Mood Swings **Y N P**
 Poor Concentration **Y N P**
 Poor Memory **Y N P**

Head

Head Injury **Y N P**
 Headaches **Y N P**
 Migraines **Y N P**
 TMJ / Jaw Pain **Y N P**
 Teeth Grinding **Y N P**

Eyes

Glasses or Contacts **Y N P**
 Dryness / Tearing **Y N P**
 Floaters / Spots **Y N P**
 Twitching **Y N P**
 Blurry Vision **Y N P**
 Poor Night Vision **Y N P**
 Eye Disease **Y N P**

Ears

Impaired Hearing **Y N P**
 Ear Pain / Ache **Y N P**
 Tinnitus / Ear Ringing **Y N P**
 Dizziness **Y N P**
 Vertigo **Y N P**
 Ear Disease **Y N P**

Nose & Sinuses

Sinus Congestion **Y N P**
 Sinus Infections **Y N P**
 Hay Fever **Y N P**
 Frequent Colds **Y N P**
 Rhinitis **Y N P**
 Other: _____

Mouth & Throat

Frequent Sore Throat **Y N P**
 Dry mouth **Y N P**
 Hoarseness **Y N P**
 Halitosis **Y N P**
 Dental Cavities **Y N P**
 Canker Sores **Y N P**
 Enlarged Lymph **Y N P**
 Other: _____

Endocrine

Diabetes **Y N P**
 Hypo or Hyper-thyroid **Y N P**
 Hypoglycemia **Y N P**
 Excessive Thirst **Y N P**
 Excessive Hunger **Y N P**
 Fatigue **Y N P**
 Excessive Sweating **Y N P**

Skin

Acne **Y N P**
 Lumps **Y N P**
 Eczema **Y N P**
 Rashes **Y N P**
 Itching **Y N P**

Respiratory

Cough **Y N P**
 Asthma or Wheezing **Y N P**
 Shortness of Breath **Y N P**
 Sputum **Y N P**
 Bronchitis **Y N P**
 Other: _____

Cardiovascular

High Blood Pressure **Y N P**
 Angina **Y N P**
 Palpitations **Y N P**
 Heart Disease **Y N P**
 Other: _____

Gastro-Intestinal

Nausea / Vomiting **Y N P**
 Constipation **Y N P**
 Diarrhea **Y N P**
 Abdominal Pain **Y N P**
 Heartburn **Y N P**
 Acid Reflux **Y N P**
 Change in Appetite **Y N P**
 Bloating or Gas **Y N P**
 Ulcer **Y N P**
 Liver Disease **Y N P**

Urinary

Painful Urination **Y N P**
 Increased Frequency **Y N P**
 Incontinence **Y N P**
 Frequent UTI's **Y N P**
 Other: _____

Musculoskeletal

Arthritis **Y N P**
 Joint Pain **Y N P**
 Stiffness **Y N P**
 Muscle Spasms **Y N P**
 Muscle Cramps **Y N P**
 Weakness **Y N P**
 Other: _____

Neurological

Numbness **Y N P**
 Tingling **Y N P**
 Paralysis **Y N P**
 Seizures **Y N P**
 Dizziness **Y N P**
 Vertigo **Y N P**
 Poor Balance **Y N P**
 Tremor **Y N P**

Vascular

Deep Leg Pain **Y N P**
 Cold Hands / Feet **Y N P**
 Other: _____

Male Reproduction

Hernias **Y N P**
 Testicular Pain **Y N P**
 Impotence **Y N P**
 Prostate Disease **Y N P**
 Herpes **Y N P**
 Discharge / sores **Y N P**

Female Reproduction

Painful Menses **Y N P**
 PMS **Y N P**
 Ovarian Cysts **Y N P**
 Cervical Dysplasia **Y N P**
 Abnormal Discharge **Y N P**
 Breast Tenderness **Y N P**
 Irregular Menstruation **Y N P**
 Spotting **Y N P**
 Dryness or Itching **Y N P**
 Difficulty Conceiving **Y N P**
 Pain During Intercourse **Y N P**
 Hot Flashes **Y N P**
 Night Sweats **Y N P**
 Herpes **Y N P**
 Number of Pregnancies: _____
 Number of Births: _____

Mountain View Acupuncture

www.mountainviewacupuncture.com

541-388-0675

LIFESTYLE

Do you exercise? Yes No If yes, what type? _____

How many days per week? _____

How many hours of sleep do you get per night? _____ Do you wake feeling rested? _____

How would you rate your personal stress? _____ Job-related stress? _____

Do you smoke? Yes No If yes, how many years? _____ Packs per day? _____

Alcohol Intake? Yes No If yes, how many drinks per day / week? _____

Caffeine Intake? Yes No If yes, what type? _____ Amount per day? _____

TYPICAL DIET

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks: _____

Fluid Intake: _____

Food Cravings: _____

MUSCULOSKELETAL PAIN

Location: _____

Type: Sharp Dull Radiates to: _____

Intensity: | _____ |
1 10

Frequency: _____

Duration: _____

Aggravating Factors: _____

Alleviating Factors: _____

Any other information that you would like to include: _____

THANK YOU